

Capacity Building – Overview

- ▶ Strengthening institutional frameworks, HR, and academic ecosystems in sports and physical education.
- ▶ Key areas: NSU, LNIPE, RESET Programme, Academic Courses, HRDS Scheme.

National Sports University (NSU)

- ▶ Established under NSU Act, 2018.
- ▶ Set up to impart high-quality education and training in the field of Sports Science, Technology, Management, Coaching.
- ▶ Acts as national training centre & promotes indigenous and regional sports.
- ▶ Engages in research, innovation, international collaborations in sports education.

Lakshmbai National Institute of Physical Education (LNIFE)

- ▶ Deemed-to-be University under MYAS.
- ▶ Leads teaching, research & training in physical education & sports sciences.
- ▶ Acts as national resource centre for sports development; promotes mass participation in sports and fitness and provides academic and technical guidance to other institutions across India.

RESET Programme

- ▶ Launched on 29 August 2024.
- ▶ Supports career transition for retired sportspersons.
- ▶ Includes internships, exposure visits, engagements with educational and research institutions to enhance their skills.
- ▶ Offers placement support, career counselling & business guidance.

Academic Courses & Curricula

- ▶ Periodic review of syllabi of academic courses by Department of Sports.
- ▶ Ensures curricula remain contemporary & aligned with sports sciences and physical education, sports management, sports technology, sports coaching and research for excellence in sports.
- ▶ Enhances employability & promotes excellence in sports education and performance.

HRDS SCHEME

- ▶ Builds a strong and skilled sports workforce in India.
- ▶ Supports training, fellowships, research & knowledge exchange programmes and international exposure.
- ▶ Promotes self-reliance, elite performance & sports ecosystem strengthening.